

SCHEDULE



BOOK NOW

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		09:30 - 10:30 Pilates Fusion Sheila (D/E)		09:30 - 10:30 Pilates Fusion Sheila (D/E)	09:30 - 10:30 Bootcamp Outdoor Sheila (D/E)
12:15 - 13:15 Hatha Yoga Yoann (D/E)	12:15 - 13:15 Vinyasa Yoga Julia (E)		12:15 - 13:15 Pilates Fusion Clelia (E/I)		
17:45 - 18:45 Functional Fitness Sheila (D/E)	17:45 - 18:45 Pilates Fusion Sheila (D/E)		17:45 - 18:45 Functional Fitness Sheila (D/E)		
19:00 - 20:00 Body Tone & Burn Sheila (D/E)	19:00 - 20:00 Functional Fitness Sheila (D/E)	19:00 - 20:00 Hatha Yoga Yoann (D/E)	19:00 - 20:00 Pilates Fusion Clelia (E/I)		